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Regional Ayurveda Research Institute

Central Council for Research Ayurvedic Sciences

(Ministry of AYUSH, Government of India)

Thapla, P.O. – Ganiadholi (Ranikhet) – 233 645 Distt. Almora (Uttarakhand)

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About the Institute

Regional Ayurveda Research Institute (R.A.R.I.) is a premier Institute of the Central Council for Research in Ayurvedic Sciences (C.C.R.A.S.) under the Ministry of AYUSH, Government of India, for research on medicinal plants of North-West Himalayan region of India. The Institute was set up as a grant-in-aid amalgamated unit for survey of medicinal plants of the Himalayan region of the then Uttar Pradesh on 10.07.1964. The institute was further taken over by the Central Council for Research in Ayurvedic Sciences, Ministry of AYUSH, Govt. of India on 01.07.1972.

The total land of the premises is 0.602 hectare and situated in between 29°36.877'N and 79°-24.277'E at an elevation of 5506 feet. The Institute has its own excellent building with the total built-up area of the Institute building is 2560.17 Sq. meter. The institute has a well-developed herbarium and museum with Acronym "RKT". The institute has two medicinal plant gardens at Ranikhet & Chamba having area of 1.214-hectare, 0.405 hectare respectively, and a Musk deer Research Centre at Mehroori, Bageshwar having 0.809 hectare. Presently 22 permanent officers/officials are working at different positions in this Institute. An Ayurvedic out-patient hospital has also been started by the institute from 5th May 2015 for the benefit of the health of the regional people. The institute has been certified by NABH as Ayush entry level centre for Ayurveda Services.

Mandate of the Institute:

- Medico-Ethno-Botanical Survey of Sub Himalayan areas.
- Documentation of Ethno-medical practices and remedial property of different plants used by the tribes of Uttarakhand.
- Demonstrative Medicinal Plants Garden.
- Musk Deer Breeding.
- Healthcare services through Out Patient Department (OPD) & Panchakarma.

Other Activities of the Institute:

- Maintaining of Saffron beds for demonstration purpose in medicinal plant gardens situated at Ranikhet and Chamba.
- Development of technique for collection of Musk from Musk Deer without harming the animals and breeding in captivity.
- Collection and supply of authentic crude drugs for different projects running in the Council.
- Institute provides facilities for identification of plants and certifies authenticity.
- Institute provides facility for Ph.D. work in Botany stream in collaboration with Kumaon University, Nainital.

The names, designations and other particulars of the Public Information Officers

| SI. No. | Name | Designation | Contact Number | Email ID |
|------------|--------------------|---------------------------------|-------------------|----------------------------|
| 1 | Dr. Om Prakash | Assistant Director In-charge | 09406581637 | Oprakash749@gmail.com |
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